

# BLAYNEY HIGH SCHOOL

Quality education opportunities in a caring environment



Find us at: Water Street, Blayney NSW 2799 Tel: 6368 2100 Email: [blayney-h.school@det.nsw.edu.au](mailto:blayney-h.school@det.nsw.edu.au)

## Blayney High Bulletin - Issue 3 Term 2 - Week 6

5 June 2020

### Welcome Back

The full time return to school has now been in operation for a full cycle and things are pleasingly back on track. While there are still some additional safety restrictions and protocols in place, lessons and curriculum are being delivered as normal.

### Community Wellbeing Hub

Anyone who has been near our Church Street boundary over the past fortnight will have seen the early stage of new building works. On Wednesday next week a new building will be installed and fitted out to be a Community Wellbeing Hub. This project has been a joint initiative between Blayney High School, Blayney Public School and Department of Education welfare staff. Once in operation it will be a place for services to visit Blayney to work with students and families on all aspects of health and wellbeing in a confidential environment. Multiple services will be able to operate from the building simultaneously as there will be multiple entrances and meeting rooms available. We look forward to this space allowing even greater working relationships between our schools and services providing early intervention, welfare, wellbeing and health support for the youth of Blayney and their families.

Kind Regards,  
John Browett  
Principal

### Good luck to our wonderful Deputy Principal in her retirement



We wish you the very best in all your  
new adventures



## HSC Assessment Calendar 2019-20

### Term 2, 2020

Week 6	Ancient History Business studies SLR
Week 7	CAFS Chemistry Design Technology Society & Culture Work Studies
Week 8	English Extension English Studies (CEC) PDHPE
Week 9	Maths Advanced Maths Standard 1 Maths Standard 2
Week 10	Music

### Term 3, 2020

Week 1	Agriculture Biology Visual Arts
Week 2	English Advanced English Standard English Studies (CEC)

## Take care of your mental health



It's okay to feel stressed, anxious or worried.



Use credible sources when looking for information about COVID-19 and how to stay safe.



If you're feeling overwhelmed, take a break from watching the news and social media.



Try these healthy coping strategies to find the ones that work best for you:

- Talk to family, friends or teachers about your problems.
- Do something you enjoy.
- Use relaxation techniques like deep breathing or meditation.

If you want to talk it through with someone or find more tips, reach out to one of the following groups:

**Kids Helpline**  
1800 55 1800 (24/7)  
[kidshelpline.com.au](http://kidshelpline.com.au)

**Reachout**  
[au.reachout.com](http://au.reachout.com)

**headspace**  
1800 650 890  
[eheadspace.org.au](http://eheadspace.org.au)

**Lifeline**  
13 11 14 (24/7)



**Please use hand sanitiser**

# BHS 'Food For U' Winter Menu 2020

**NB: Gluten Free and Lactose Free options are available – please order**

## Every day - pre-made assorted

Rolls, wraps, sandwiches and  
Salad / Meat bowls.                      3.00 - 6.00

## Monday

Cheese Toastie                              1.50  
Garlic Bread                                  2.00  
BBQ Chicken Melt                          3.50  
Indian Beef Curry with Rice              4.00

## Tuesday

Garlic Bread                                  2.00  
Lentil Napoletana Pasta                  3.00  
Toasted Chicken Mexican Wrap        3.50  
Bolognese                                    4.00

## Wednesday

Garlic and Cheese Melt                    2.50  
Ham and Cheese Toasted Wrap          3.50  
Beef Traveller Pie                        3.50

## Thursday

Mini Nachos                                2.00  
Garlic and Cheese Melt                    2.50  
Margarita Wrap                              3.00  
Chicken Pasta Bake                        4.50

## Friday

Garlic Bread                                2.00  
Cheesy Hot Roll                            2.50  
Margarita Toasted Wrap                  3.00  
BBQ Chicken Melt                        3.50  
Homemade Beef Potato Pie              4.50

## Occasional Hot Food

5 Chicken Goujons  
(Monday Recess Only)                    3.00

## Drinks

Water – 600ml                              2.00  
Berri 100% Bottle Juice 250ml  
(Apple, Orange, Apple/Blackcurrant)   2.00  
Flavoured Milk – 300ml  
(Chocolate, Strawberry)                2.50  
Flavoured Milk - 500ml  
(Chocolate, Vanilla Malt)               4.00  
Lactose Free Chocolate milk            2.50

Chilli - Raspberry or Grape            2.50  
Light sparkling water – lime            3.00  
Milkshakes (Mon, Thurs and Fri)      2.50

## Available to order:

### Sandwiches

Baked Beans                                2.50  
Egg & Lettuce                               3.00  
Cheese & Tomato                         3.00  
Chicken                                       3.50  
Ham, Cheese & Tomato                  4.00  
Chicken, Lettuce & Mayo                4.00  
Salmon, Lettuce & Mayo                4.50  
Salad – Carrot, beetroot, cucumber,  
Tomato, lettuce & cheese              3.50  
add Egg                                      4.00  
add chicken, tuna or ham               5.00  
Chicken Caesar Wrap                    4.00

### Extras

Toasted                                      .20  
Roll    .50

### Salad Bowls

A fresh blend of carrot, beetroot, tomato,  
Cucumber, cheese, pineapple,  
Corn and lettuce                            4.50  
Add Egg                                      5.00  
Add Tuna, Chicken or Ham              6.00  
Chicken Caesar Bowl                      6.00

### Snacks (Gluten Free Available)

Muffin / Slice / Biscuit (when  
Available)                                    .50 – 1.50  
Fruit Cup (seasonal)                      1.50  
Yoghurt, Muesli and fruit Cup        1.50  
Fresh Fruit                                 1.00

### Frozen Snacks

Quelch fruit juice Sticks (Strawberry, Apple,  
Raspberry, Blackcurrant)              .50  
Lite Vanilla Ice Cream Cup              1.20  
Twisted Frozen Yoghurt  
(Watermelon / mango)                  2.00  
Seasonal Frozen Fruit                    1.00




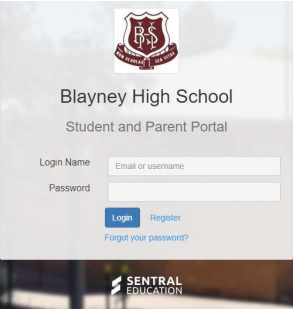





### Extras

Sauce                                        0.30  
Spoon/Fork                                0.10

**NB: Due to WH&S restrictions we are unable to reheat or toast food not purchased from the canteen.**



# Stay connected with Blayney High by using the following links.

	<p>Visit our Facebook page to see what activities our students have been involved in.</p>	<p><a href="https://www.facebook.com/BlayneyHS/">https://www.facebook.com/BlayneyHS/</a></p> 
	<p>Visit our School Website for all your school information.</p>	<p><a href="https://blayney-h.schools.nsw.gov.au/">https://blayney-h.schools.nsw.gov.au/</a></p>
	<p>Blayney High School offers its students and parents access to a Secure Portal which allows you to monitor your students progress at school.</p> <p>If you have not received your login details yet, please contact Blayney High School on 63682100 to arrange this.</p>	<p>Go to the Sentral Parent Portal at</p> <p><a href="https://blayneyhs.sentral.com.au/portal2">https://blayneyhs.sentral.com.au/portal2</a></p> 
	<p>The School Stream App can be downloaded to your mobile device.</p> <p>With the School Stream App you will be able to receive real time information from Blayney High School directly to your mobile device.</p>	<p>For how to download School Stream, go to</p> <p><a href="http://www.schoolstream.com.au/communication-tools-for-schools/">http://www.schoolstream.com.au/communication-tools-for-schools/</a></p> 
 <p>Blayney High School ebook lending facility</p> <p>Borrow and read eBooks from our library anywhere, anytime, on multiple devices.</p>	<p>Students can borrow and read eBooks from our library anywhere, anytime, on multiple devices. Using the Blayney High School ebook lending facility at</p> <p><a href="https://blayneyhs.wheelers.co/">https://blayneyhs.wheelers.co/</a></p> <p>Students in Year 7-12 may loan up to 2 eBooks at the one time. The borrowing period for almost all resources is 3 weeks.</p>	<p>If you have a mobile device, you can download the ePlatform App from</p> <p><a href="https://blayneyhs.wheelers.co/help/apps/eplatform-app">https://blayneyhs.wheelers.co/help/apps/eplatform-app</a></p>  <p>or simply read your eBook in your web browser on your device</p>

### School Uniform Order Form

The Blayney High School Clothing Pool operates as follows: If you need to purchase items please complete the order form below and submit to the front office before 1pm, your order will be filled and delivered to student prior to 3:30pm. Orders dropped off after 1 pm will not be filled until the following school day.

<b>Payment Date</b>	/ /	<b>Payment Method</b>	cash / cheque / EFPOS/ On Line
<b>Date</b>	<b>Name</b>		<b>Yr</b>

**To assist you in size selection please refer to the sizing charts at the bottom of the form.**

Junior - Years 7 - 10												
Size Range	6	8	10	12	14	16	18	20	22		Price	Total
Skirt - Maroon											\$50	

Size Range	12Y	14Y	16Y	S	M	L	XL	2XL	3XL	4XL		
Sport Shorts - Maroon											\$20	
Trackpants - Maroon											\$35	
Polo Shirts											\$25	
*Polar Fleece Jumper		na	na	na	na				na	na	\$15	

\*Limited size range in Polar Fleece Jumpers as these are being replaced with the new style Hoodie, however they will remain acceptable uniform in the interim.

Size Range	10Y	12Y	XS	S	M	L	XL	2XL			
Hoodies											\$45

Senior - Years 11 & 12												
Size Range		14	16	18	20	22	24				Price	Total
Knitted Jumper											\$85	

Size Range		14Y	16Y	S	M	L	XL	2XL	3XL		
Shorts - Black											\$20
Trackpants - Black											\$35

Size Range	12Y	14Y	16Y	S	M	L	XL	2XL	3XL		
Senior Polo Shirt											\$30

**\*\* Senior Skirts (Short Knee length Black Pleated)**  
available at  
**Orange Clothing Company**  
4 MacNamara Street Orange

	Qty	Price	Total
Secondhand clothing (Limited Stock)		\$5	
Secondhand Senior Knitted Jumpers (Limited Stock)		\$25	
Maths Grid Book		\$3.50	
Calculators Yr 7-12 Casio		\$25	
Visual Arts Diary A3 (Yrs 9-12)		\$8.50	
Visual Arts Diary A4 (Yrs 7 & 8)		\$5	
Yr 7 School Pack - Calculator, Grid Book & A4 VA Diary		\$32	
<b>Total cost</b>			

Sizes are for a loose fit.

Hoodies - loose fit (measure across front from/to underarm)	10	12	XS	S	M	L	XL	2XL
Chest cm	44	47	50	53	56	59	62	65

Sizes are to fit

All Shorts, Trackpants & Polo Shirts, Polar Fleece Jumpers (LWReid)	12Y	14Y	16Y	XS	S	M	L	XL	2XL	3XL	4XL
Height cm	150	160	170								
Chest cm	72	76	86	86	90	95	100	105	110	115	120
Waist cm	68	72	76	76	82	87	92	97	102	107	112