

# BLAYNEY HIGH SCHOOL

Quality education opportunities in a caring environment



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## Blayney High Bulletin - Issue 2 Term 2 - Week 4

22 May 2020

### Return to school

We look forward to all students returning to full face-to-face learning from Monday May 25. Information has been posted home to every family earlier this week and the Department's 'Information for families' guidelines are included in this Bulletin.

There will still be a number of restrictions in place to maximise the safety of students as advised by the Department. Most significantly, there will be no excursions or internal variations for large groups until further notice. Normal classes will be in operation and regular curriculum delivery will recommence.

The additional hygiene and cleaning measures that have been in place during Phase 1 will continue for the duration of Term 2.

All students are expected to return to school everyday and normal attendance marking recommences. This means students are required to be at school unless they are sick. Absences of 3 consecutive days or more should be supported with a medical certificate.

After a very disrupted few months it will be wonderful to take one more step towards normal operations.

If you would like to discuss any aspect of our arrangements please do not hesitate to contact me at the school.

### Canteen

The Canteen will recommence full operation from Monday 25 May with their normal Winter menu in operation. A copy of the menu is included later in this bulletin. Students will need to continue ordering hot food and other prepared items before school to minimise handling and contact between students and canteen staff.

### School Reports

School reports for Year 12 students have been issued and Year 11 are currently being written. These will be normal reports as many assessments were completed prior to the Remote Learning phase.

Students in Years 7-10 will still receive a Semester 1 report. However, these will look different from those that have been issued in the past. NESA announced that due to the severe disruption caused by the Covid-19 Remote Learning circumstances that reporting against syllabus outcomes was not required for this semester.

As such our Year 7-10 reports will report on aspects of students Social Development and Attitude to Learning on a five point scale. These are the same descriptors that have been used to report these attributes on Blayney High School reports for many years. A Teacher comment will also be made in each subject.

Normal reports will be issued in Semester 2 unless otherwise advised.

All Year 7-10 reports will be completed and posted to families before the end of Term 2.

Kind Regards,  
John Browett  
Principal



## **A guide to NSW school students returning to face-to-face learning**

This guide is for parents and carers

Information has been updated as at 19 May 2020, until further notice.

### **Schools are safe and open for full time face-to-face learning**

All schools are returning to full on-campus learning from Monday 25 May. All school activities and operations will be in line with Australian Health Protection Principal Committee (AHPPC) and NSW Health guidelines as applicable.

School students do not need to follow physical distancing guidelines, but should follow good hygiene practices like:

- Regularly washing hands
- Avoiding sharing drinks or food
- Coughing or sneezing into your elbow, or a tissue which should be discarded immediately.

#### ***School attendance***

All students should be at school unless:

- They have a medical certificate which states that they are unable to return to school due to an ongoing medical condition
- They are currently unwell.

Students who have a medical certificate to stay at home will be supported to learn from home in line with regular procedures if they are able to. These regular procedures are different to what was offered during the learning from home period. If you require work to be provided to your child whilst they are at home due to an underlying health condition, you should contact the school for assistance.

Please note, students who live with a family member in one of the categories identified as being at increased risk by the AHPPC, should attend school unless a medical practitioner advises otherwise in writing.

If your child is unwell, do not send them to school. If they are unwell at school you or your nominated emergency contact will need to collect them immediately. Please make sure your contact details are up to date.

If a student is absent without a medical reason for more than three days, this will be recorded as an unauthorised absence and followed up by the school.

If you need any support to get your child back to school, please contact your school.

### ***Reporting and assessment***

Your child has been assessed during the learning from home period and will receive additional assessment on their return to school.

You will receive your child's semester 1 report before the end of August (week 6, Term 3).

This may be a simplified version of the report you normally receive. Schools are encouraged to discuss your child's progress with you before the written report is issued.

### ***School activities***

Teachers will continue to follow the same school curriculum with the exception of some activities that can't go ahead for now.

#### ***What children can do:***

- Use the school library
- Engage in non-contact sporting activities
- Year 11 and 12 students may attend classes/activities relating to subjects available on other campuses
- VET work placement for Year 12 students is able to proceed from 1 June 2020. Year 10 and 11 work-placement is able to proceed from Term 3 2020.
- School based apprenticeships and traineeships can recommence once the relevant workplaces are back in operation
- Trade Training Centres can operate on school sites.

#### ***What students can't do:***

- School assemblies (unless for critical information)
- School incursions and excursions including camps
- Work experience
- Inter-school activities (debating, inter-school sport)
- In-school activities requiring parent or other volunteers
- Use hydrotherapy pools
- Drink from a water bubbler – bring a water bottle instead
- Students cannot attend TAFE for study but may continue to learn online.

### ***School cleaning and hygiene supplies***

Your school will receive additional cleaning in line with the AHPPC guidelines and advice from NSW Health. Targeted areas include high-touch areas and other hard surfaces, door handles, lockers, light switches and handrails in stairways and movement areas. There will also be additional cleaning of toilets and bubblers and topping up of supplies like soap.

Your school has received supplies of soap, hand sanitiser, toilet paper, paper towels, disinfectant wipes and personal protective equipment. The school is able to order more as needed.

### ***School grounds***

There should be no visitors to school sites unless they are essential. Your school can provide guidance as to who is considered essential.

Your school will provide advice on drop off and pick up procedures.

Wherever possible, P&C and parent/carer/teacher meetings should be conducted virtually.

Canteens and uniform shops can open at the discretion of the principal.

Out of school hours care can continue to operate.

Community use of school facilities will recommence only for uses that are necessary for continuation of education and with principal's approval.

### **Responding to COVID-19 cases**

There is a clear plan in place for schools to respond to any suspected or confirmed cases of COVID-19 in our schools. We are working closely with NSW Health and will communicate with parents if a situation was to arise

# Take care of your mental health



It's okay to feel stressed, anxious or worried.



Use credible sources when looking for information about COVID-19 and how to stay safe.



If you're feeling overwhelmed, take a break from watching the news and social media.



Try these healthy coping strategies to find the ones that work best for you:

- Talk to family, friends or teachers about your problems.
- Do something you enjoy.
- Use relaxation techniques like deep breathing or meditation.

If you want to talk it through with someone or find more tips, reach out to one of the following groups:

**Kids Helpline**  
1800 55 1800 (24/7)  
[kidshelpline.com.au](http://kidshelpline.com.au)

**headspace**  
1800 650 890  
[eheadspace.org.au](http://eheadspace.org.au)

**Reachout**  
[au.reachout.com](http://au.reachout.com)

**Lifeline**  
13 11 14 (24/7)



**Please use hand sanitiser**

# BHS 'Food For U' Winter Menu 2020

**NB: Gluten Free and Lactose Free options are available – please order**

## Every day - pre-made assorted

Rolls, wraps, sandwiches and  
Salad / Meat bowls.                      3.00 - 6.00

## Monday

Cheese Toastie                              1.50  
Garlic Bread                                 2.00  
BBQ Chicken Melt                         3.50  
Indian Beef Curry with Rice             4.00

## Tuesday

Garlic Bread                                 2.00  
Lentil Napoletana Pasta                 3.00  
Toasted Chicken Mexican Wrap       3.50  
Bolognese                                    4.00

## Wednesday

Garlic and Cheese Melt                    2.50  
Ham and Cheese Toasted Wrap         3.50  
Beef Traveller Pie                         3.50

## Thursday

Mini Nachos                                 2.00  
Garlic and Cheese Melt                    2.50  
Margarita Wrap                             3.00  
Chicken Pasta Bake                        4.50

## Friday

Garlic Bread                                 2.00  
Cheesy Hot Roll                             2.50  
Margarita Toasted Wrap                 3.00  
BBQ Chicken Melt                         3.50  
Homemade Beef Potato Pie             4.50

## Occasional Hot Food

5 Chicken Goujons  
(Monday Recess Only)                    3.00

## Drinks

Water – 600ml                               2.00  
Berri 100% Bottle Juice 250ml  
(Apple, Orange, Apple/Blackcurrant) 2.00  
Flavoured Milk – 300ml  
(Chocolate, Strawberry)                 2.50  
Flavoured Milk - 500ml  
(Chocolate, Vanilla Malt)                4.00  
Lactose Free Chocolate milk            2.50

ChillJ - Raspberry or Grape            2.50  
Light sparkling water – lime            3.00  
Milkshakes (Mon, Thurs and Fri)     2.50

## Available to order:

### Sandwiches

Baked Beans                                2.50  
Egg & Lettuce                               3.00  
Cheese & Tomato                         3.00  
Chicken                                        3.50  
Ham, Cheese & Tomato                 4.00  
Chicken, Lettuce & Mayo                4.00  
Salmon, Lettuce & Mayo                4.50  
Salad – Carrot, beetroot, cucumber,  
Tomato, lettuce & cheese             3.50  
add Egg                                        4.00  
add chicken, tuna or ham                5.00  
Chicken Caesar Wrap                      4.00

### Extras

Toasted                                        .20  
Roll    .50

### Salad Bowls

A fresh blend of carrot, beetroot, tomato,  
Cucumber, cheese, pineapple,  
Corn and lettuce                            4.50  
Add Egg                                        5.00  
Add Tuna, Chicken or Ham               6.00  
Chicken Caesar Bowl                        6.00

### Snacks (Gluten Free Available)

Muffin / Slice / Biscuit (when  
Available)                                    .50 – 1.50  
Fruit Cup (seasonal)                       1.50  
Yoghurt, Muesli and fruit Cup         1.50  
Fresh Fruit                                    1.00

### Frozen Snacks




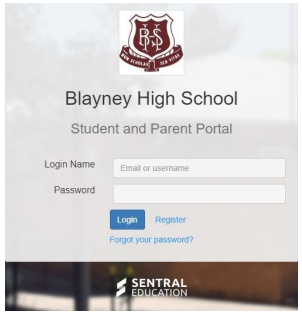



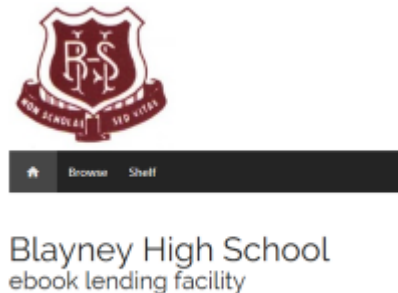

Quelch fruit juice Sticks (Strawberry, Apple,  
Raspberry, Blackcurrant)                .50  
Lite Vanilla Ice Cream Cup               1.20  
Twisted Frozen Yoghurt  
(Watermelon / mango)                    2.00  
Seasonal Frozen Fruit                      1.00

### Extras

Sauce     0.30  
Spoon/Fork                                   0.10

**NB: Due to WH&S restrictions we are unable to reheat or toast food not purchased from the canteen.**

# Stay connected with Blayney High by using the following links.

	<p>Visit our Facebook page to see what activities our students have been involved in.</p>	<p><a href="https://www.facebook.com/BlayneyHS/">https://www.facebook.com/BlayneyHS/</a></p> 
	<p>Visit our School Website for all your school information.</p>	<p><a href="https://blayney-h.schools.nsw.gov.au/">https://blayney-h.schools.nsw.gov.au/</a></p>
	<p>Blayney High School offers its students and parents access to a Secure Portal which allows you to monitor your students progress at school.</p> <p>If you have not received your login details yet, please contact Blayney High School on 63682100 to arrange this.</p>	<p>Go to the Sentral Parent Portal at</p> <p><a href="https://blayneyhs.sentral.com.au/portal2">https://blayneyhs.sentral.com.au/portal2</a></p> 
	<p>The School Stream App can be downloaded to your mobile device.</p> <p>With the School Stream App you will be able to receive real time information from Blayney High School directly to your mobile device.</p>	<p>For how to download School Stream, go to</p> <p><a href="http://www.schoolstream.com.au/communication-tools-for-schools/">http://www.schoolstream.com.au/communication-tools-for-schools/</a></p> 
	<p>Students can borrow and read eBooks from our library anywhere, anytime, on multiple devices.using the Blayney High School ebook lending facility at</p> <p><a href="https://blayneyhs.wheelers.co/">https://blayneyhs.wheelers.co/</a></p> <p>Students in Year 7-12 may loan up to 2 eBooks at the one time. The borrowing period for almost all resources is 3 weeks.</p>	<p>If you have a mobile device, you can download the ePlatform App from</p> <p><a href="https://blayneyhs.wheelers.co/help/apps/eplatform-app">https://blayneyhs.wheelers.co/help/apps/eplatform-app</a></p>  <p>or simply read your eBook in your web browser on your device</p>