

BLAYNEY HIGH SCHOOL

Quality education opportunities in a caring environment



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Blayney High Bulletin - Issue 5 Term 1 - Week 10

30 March 2020

Online Learning

As we move into the new world of online learning for at least the short to medium term, rest assured we are developing ways to keep your child engaged in their education. Between now and the end of Term 1 we will be investigating ways to develop online lessons further still, through 'virtual classrooms'. There are a number of platforms that will allow us to do this and we will use the one that best meets the needs of our school community. Protocols will be developed and distributed should the need require for this mode of lesson delivery in Term 2.

I know it is this time of great uncertainty and how stressful things are. Getting information out to you in a timely manner is difficult. Our quickest form of communication is our Facebook page. We can have the latest updates to you, often within minutes of receiving them ourselves. We will also be using SchoolStream where we can. Mailouts will continue to be done where appropriate, however, with changes to policy being daily these can be quite out of date by the time they reach you and so will be limited to school based information that will not change.

Now, more than ever is the time to stay in touch with the school. All staff email addresses have been posted home and these should be with you by now. If you ring the school and ask for a teacher you will receive a call back. Year Advisors are contacting families to find out if extra support is needed

To finish I want to make one thing crystal clear for all members of the student body. Don't panic!

No matter what year group you are in, if you are engaged with work and are submitting tasks you will not fail.

Sport PE/Practical Google Classroom

During this time of online learning it is important not to neglect your physical health - and physical activity levels. Staying active at home will help you remain focused and promote a positive mindset. Join the Sport/PE Practical Google Classroom and check out the physical activity and movement opportunities posted here to help you stay active and moving during these trying times. The classroom contains links to many FREE applications and websites offering 'follow along' fitness/physical activity videos and tutorials, printable exercise cards and physical activity challenges, with more resources being created, updated and added on a regular basis. Get moving, keep active and stay safe.

Sport/PDHPE Practical Google Classroom
Code - 6c33gcz

Stay safe,
John Browett
Principal



Upcoming Events

HSC Assessment Calendar 2019-20

Term 1, 2020

April 6 English tasks are due

**All other Assessment tasks in all courses
postponed.**

**A revised assessment schedule will be
distributed in Term 2**

Coronavirus (COVID -19)

Information for parents and carers to support children and young people

How you can support your child

It is perfectly normal for children to have questions about events that are covered in the media, such as the information currently being distributed about COVID-19. Children look to the significant adults in their lives for guidance on how to manage their reactions and you can help your child by remaining calm and reassuring them.

There is a common misunderstanding that talking with your child about a topic such as COVID-19 may increase their anxiety. This is not the case. It is important to listen to your child and answer their questions as honestly as possible and correct any misunderstandings. This will help them feel informed and understand what is happening.

Keeping up to date with the facts from reliable sources will help keep conversations calm, considered, and constructive. Provide information in words that are appropriate to the age of your child.

Children can be distressed by hearing repeated stories so monitor how much your child is being exposed to television and social media and encourage them to talk to you about what they are seeing and hearing.

Some practical advice

Some practical advice for your child includes reminding them to cover their nose and mouth when they cough or sneeze (coughing into their elbow is a useful strategy), keep their hands clean by washing them regularly with soap and water, and avoid touching their eyes, nose, and mouth before washing their hands. These are easy habits for children to adopt, and should help them feel as though they're able to exert some control over their circumstances.

If your child must stay at home, it is important for your child to maintain a healthy lifestyle including proper diet, sleep, and social contact at home and by email and phone with family and friends

Communication is important

- read [the department's response to COVID-19](#) for current information
- read any information sent home by the school.

- contact the school if your child becomes unwell.

Where to get help

Contact the school if you are concerned about your child's wellbeing to discuss the most appropriate support. Support is also available through a number of agencies and community organisations. Parents and carers can:

- call the National Coronavirus Health Information line (1800 020 080)
- review the [NSW Health](#) COVID-19 website for the latest information and advice
- obtain help and information from the local General Practitioner or Community Health Centre



If you would like additional support, the following services are available

- The school counselling service
- Kids Helpline – 1800 55 1800 – kidshelpline.com.au
- Headspace – 1800 650 890 – eheadspace.org.au
- Parent Helpline – 1300 1300 52
- Beyond Blue – 1300 22 4636
- Lifeline – 13 11 14

Winter Coat Order Form 2020




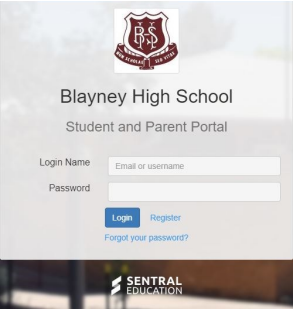





Orders will be due to the front office by 30 March 2020.

The delivery of these orders will be the last week of term 1

 Blayney High School New Winter Coat Order Form					
Student Name:					
Phone #:					
Class:			Date:		
	Price:	\$97.00			
	Size	Your Qty			
	2XS				
	XS				
	S				
	M				
	L				
	XL				
	2XL				
	3XL				
5XL					
			Total Qty:		
			Payment Total:		
Sizes:	2XS	XS	S	M	
$\frac{1}{2}$ Chest cm:	58	61.5	64	66.5	
Sizes:	L	XL	XXL	3XL	5XL
$\frac{1}{2}$ Chest cm:	69	71.5	74	77	82

Anorak Coat, Nylon ottoman shell, Showerproof, anti-pill polar fleece lining. Full front zip with Velcro storm flap. Two zippered front pockets Draw cord on Waist. Velcro cuffs. Hidden tuck away hood. Embroidered BHS school crest.

Stay connected with Blayney High by using the following links.

	<p>Visit our Facebook page to see what activities our students have been involved in.</p>	<p>https://www.facebook.com/BlayneyHS/</p> 
	<p>Visit our School Website for all your school information.</p>	<p>https://blayney-h.schools.nsw.gov.au/</p>
	<p>Blayney High School offers its students and parents access to a Secure Portal which allows you to monitor your students progress at school.</p> <p>If you have not received your login details yet, please contact Blayney High School on 63682100 to arrange this.</p>	<p>Go to the Sentral Parent Portal at</p> <p>https://blayneyhs.sentral.com.au/portal2</p> 
	<p>The School Stream App can be downloaded to your mobile device.</p> <p>With the School Stream App you will be able to receive real time information from Blayney High School directly to your mobile device.</p>	<p>For how to download School Stream, go to</p> <p>http://www.schoolstream.com.au/communication-tools-for-schools/</p> 
	<p>Students can borrow and read eBooks from our library anywhere, anytime, on multiple devices.using the Blayney High School ebook lending facility at</p> <p>https://blayneyhs.wheelers.co/</p> <p>Students in Year 7-12 may loan up to 2 ebooks at the one time. The borrowing period for almost all resources is 3 weeks.</p>	<p>If you have a mobile device, you can download the ePlatform App from</p> <p>https://blayneyhs.wheelers.co/help/apps/eplatform-app</p>  <p>or simply read your ebook in your web browser on your device</p>

School Uniform Order Form

The Blayney High School Clothing Pool operates as follows: If you need to purchase items please complete the order form below and submit to the front office before 1pm, your order will be filled and delivered to student prior to 3:30pm. Orders dropped off after 1 pm will not be filled until the following school day.

Payment Date	/ /	Payment Method	cash / cheque / EFPOS/ On Line
Date	Name		Yr

To assist you in size selection please refer to the sizing charts at the bottom of the form.

Junior - Years 7 - 10

Size Range	6	8	10	12	14	16	18	20	22		Price	Total
Skirt - Maroon											\$50	

Size Range	12Y	14Y	16Y	S	M	L	XL	2XL	3XL	4XL	Price	Total
Sport Shorts - Maroon											\$20	
Trackpants - Maroon											\$35	
Polo Shirts											\$25	
*Polar Fleece Jumper		na	na	na	na				na	na	\$15	

*Limited size range in Polar Fleece Jumpers as these are being replaced with the new style Hoodie, however they will remain acceptable uniform in the interim.

Size Range	10Y	12Y	XS	S	M	L	XL	2XL			Price	Total
Hoodies											\$45	

Senior - Years 11 & 12

Size Range	14	16	18	20	22	24					Price	Total
Knitted Jumper											\$85	

Size Range	14Y	16Y	S	M	L	XL	2XL	3XL		Price	Total
Shorts - Black										\$20	
Trackpants - Black										\$35	

Size Range	12Y	14Y	16Y	S	M	L	XL	2XL	3XL		Price	Total
Senior Polo Shirt											\$30	

**** Senior Skirts (Short Knee length Black Pleated)**
available at

Orange Clothing Company
4 MacNamara Street Orange

	Qty	Price	Total
Secondhand clothing (Limited Stock)		\$5	
Secondhand Senior Knitted Jumpers (Limited Stock)		\$25	
Maths Grid Book		\$3.50	
Calculators Yr 7-12 Casio		\$25	
Visual Arts Diary A3 (Yrs 9-12)		\$8.50	
Visual Arts Diary A4 (Yrs 7 & 8)		\$5	
Yr 7 School Pack - Calculator, Grid Book & A4 VA Diary		\$32	
Total cost			

Sizes are for a loose fit.

Hoodies - loose fit (measure across front from/to underarm)	10	12	XS	S	M	L	XL	2XL
Chest cm	44	47	50	53	56	59	62	65

Sizes are to fit

All Shorts, Trackpants & Polo Shirts, Polar Fleece Jumpers (LW Reid)	12Y	14Y	16Y	XS	S	M	L	XL	2XL	3XL	4XL
Height cm	150	160	170								
Chest cm	72	76	86	86	90	95	100	105	110	115	120
Waist cm	68	72	76	76	82	87	92	97	102	107	112